SAMPLE MENU

THE PEAKS AT MILLCREEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Hard Boiled Egg Yogurt Parfait w/ Berries & Granola Breakfast Muffin Margarine/Jelly Choice of Hot or Cold Cereal Assorted Juice Milk/Beverage	Biscuit Sausage Gravy Mixed Fruit Cup Choice of Hot or Cold Cereal Assorted Juice Milk/Beverage	Country Style Scrambled Eggs Toast Margarine/Jelly Mixed Fruit Cup Choice of Hot or Cold Cereal Assorted Juice Milk/Beverage	Cheesy Eggs Bacon Toast Margarine/Jelly Choice of Hot or Cold Cereal Assorted Juice Milk/Beverage	French Toast Margarine/Syrup Sausage Patty Mixed Fruit Cup Choice of Hot or Cold Cereal Assorted Juice Milk/Beverage	Egg of Choice Sausage Links Raisin Toast Margarine Choice of Hot or Cold Cereal Assorted Juice Milk/Beverage	Waffles with Fruit Topping Margarine/Syrup Bacon Choice of Hot or Cold Cereal Assorted Juice Milk/Beverage
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Grilled Pork Chop with Peach Salsa Herbed Orzo Seasoned Asparagus Tips Dinner Roll / Margarine Cheesecake Beverage	Roast Turkey Creamy Potato Casserole Green Beans and Mushrooms Dinner Roll / Margarine Frosted Chocolate Cake Beverage	Cajun Baked Shrimp Steamed White Rice Sauteed Summer Squash Cornbread with Margarine Dessert of the Day Beverage	Spaghetti with Meat Sauce Italian Blend Vegetables (A) Breadstick Fruit Crisp Beverage	Vegetable Egg Bake Skillet Fried Potatoes Fresh Fruit Cup Danish Pistachio Pudding Cake Beverage	Braised Beef Tips with Gravy Whipped Potatoes Buttered Peas Dinner Roll / Margarine Mocha Brownie Beverage	Orange Glazed Chicken Breast Rice Pilaf Roasted Broccoli (A) Dinner Roll / Margarine Carnival Cookies Beverage
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Classic Patty Melt Homemade Potato Salad Cinnamon Sugar Blondie Bar Milk/Beverage	Caprese Pizza Tossed Salad with Dressing Melon Cup Milk/Beverage	Homemade Soup of the Day Crackers Grilled Chicken Breast over Caesar Salad Dinner Roll / Margarine Mandarin Orange Fluff Milk/Beverage	BBQ Pork Riblette Baked Beans Collard Greens (A) Dinner Roll / Margarine Chocolate Mousse Milk/Beverage	Chicken Quesadilla Spanish Rice Elote Corn Churros Milk/Beverage	Baked Fish Sandwich Garnish: Tartar Sauce Sweet and White Potato Spears (A) Marinated Slaw Caramel Pears Grilled Double Cheese Sandwich Milk/Beverage	Bratwurst with Peppers and Onions Oven Browned Potatoes Dinner Roll / Margarine Iced Gelatin Poke Cake Milk/Beverage
Evening Snack	**Evening Snack**	**Evening Snack**	**Evening Snack**	**Evening Snack**	**Evening Snack**	**Evening Snack**
Fruit Drink Assorted Snacks	Fruit Drink Assorted Snacks	Fruit Drink Assorted Snacks	Fruit Drink Assorted Snacks	Fruit Drink Assorted Snacks	Fruit Drink Assorted Snacks	Fruit Drink Assorted Snacks